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Focused Breast Ultrasound Both Breasts

Results Abnormal

Study Result

Narrative & Impression

Examination:
A targeted bilateral breast ultrasound was performed.
A digital diagnostic mammogram of both breasts was performed.
Tomosynthesis images were also obtained and reviewed as part of this examination. The results and recommendations of today's exam were discussed with the patient. The patient will also receive written notification of the results and recommendations from today's exam.

Reason for Exam:
47 year old with reason for exam of lytic bone lesions that are suspicious for mets with unknown primary.

Examinations Available for Comparison:
Comparison is made to images from: 04/10/2025 Mammography Diagnostic with Tomo Bilateral - Imaging Storage, 12/29/2021 Ultrasound Breast Limited Bilateral - Imaging Storage, 12/29/2021 Mammography Diagnostic with Tomo Bilateral - Imaging Storage, and 10/03/2020 Mammography Screening w/Tomo Bilateral - Imaging Storage

Density:
The breasts are extremely dense, which lowers the sensitivity of mammography.

Breast Cancer Risk Score

5-Year Risk	Lifetime Risk to age 85	Notes
TC8 - Extremely Dense: 1.55%	TC8 - Extremely Dense: 13.59%	This is compared to risks for a woman of the same age: 5-year risk: TC8 - Extremely Dense: 1.13% Lifetime risk: TC8 - Extremely Dense: 9.97% Lifetime risk categories: Average risk <15%, Intermediate risk 15-25%, High risk >25%

For women with high (>25%) lifetime risk estimates, consider referral for further risk assessment and discussion of supplemental screening. Breast cancer risk consultation is available at Fred Hutchinson Cancer Center 206-606-2166 or at UWMC-Roosevelt 206-598-7749 or at UWMC-NW 206-668-6746.

Findings:

Left

Post-Surgical Finding

Mammography Diagnostic with Tomo Bilateral: There are post-surgical findings from a breast reduction in the left breast.

Mass

Ultrasound Breast Limited Bilateral: There is a 9 mm x 7 mm x 11 mm irregularly shaped, hypoechoic mass with indistinct margins in the left breast at 1 o'clock, 7 cm from the nipple. There is ill-defined heterogeneous tissue seen medial to this mass.

Mass

Mammography Diagnostic with Tomo Bilateral: There is a 7 mm equal density, oval mass with circumscribed margins in the upper outer quadrant of the left breast, posterior depth.
Ultrasound Breast Limited Bilateral: There is a 7 mm x 4 mm x 7 mm oval, parallel-oriented, hypoechoic mass with circumscribed margins in the left breast at 2 o'clock. The mass correlates with the mass seen on the mammogram.

Lymph Node

Mammography Diagnostic with Tomo Bilateral: There is a 9 mm partially imaged mass with circumscribed margins in the upper outer quadrant of the left breast, posterior depth.
Ultrasound Breast Limited Bilateral: There is a normal-appearing intramammary lymph node in the left breast at 2 o'clock, 6 cm from the nipple. The lymph node correlates with the mass seen on the mammogram.

Right

Post-Surgical Finding

Mammography Diagnostic with Tomo Bilateral: There are post-surgical findings from a breast reduction in the right breast.

Cyst

Mammography Diagnostic with Tomo Bilateral: There is a 10 mm low density, oval mass with circumscribed margins and layering calcifications in the lower inner quadrant of the right breast, middle depth.
Ultrasound Breast Limited Bilateral: There is a 13 mm x 8 mm x 15 mm simple cyst in the right breast at 5 o'clock, 6 cm from the nipple. The cyst correlates

with the mass seen on the mammogram.

Lymph Node
Ultrasound Breast Limited Bilateral: There are at least three morphologically abnormal right axillary lymph node with cortical thickening, correlating with findings seen on 7/13/2026 CT chest.

Impression:
Left
1) Status post breast reduction. Left breast 9 mm x 7 mm x 11 mm mass at 1 o'clock with ill-defined heterogeneous tissue seen more medially. There is no definite mammographic correlate. Assessment: 4 - Suspicious finding. Ultrasound Guided Core Biopsy is recommended. The patient was given information about this procedure and the scheduling team was notified to call the patient to schedule.

2) Left breast 7 mm x 4 mm x 7 mm oval circumscribed mass at 2 o'clock. Assessment: 3 - Probably benign. Management is deferred pending biopsy results.

3) Left breast normal-appearing intramammary lymph node at 2 o'clock. Assessment: 2 - Benign finding.

Right
1) Status post breast reduction. Right breast 13 mm x 8 mm x 15 mm simple cyst at 5 o'clock. Assessment: 2 - Benign finding.

2) At least three morphologically abnormal right axillary lymph nodes. Assessment: 4 - Suspicious finding. Ultrasound Guided Core Biopsy is recommended. The patient was given information about this procedure and the scheduling team was notified to call the patient to schedule.

Overall:
Left Assessment BI-RADS: 4 - Suspicious
Right Assessment BI-RADS: 4 - Suspicious
Overall Assessment BI-RADS: 4 - Suspicious

The patient is noted to have dense breasts and received or will receive information regarding breast density in accordance with the Mammography Quality Standards Act. Dense breasts are normal and common, present in approximately half of women screened at the UW/Fred Hutch. Please see above for risk assessment information, if applicable.

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